

# INSTANT ACTIVITIES



# **FARMVILLE**

Created by Andy Pickett

## STUDENT TARGETS

- Fitness: I will actively participate in Farmville.
- Personal & Social Responsibility: I will demonstrate safe behaviors while I participate in Farmville.

## TEACHING CUES

Eyes Up

Be Aware and Move Safely

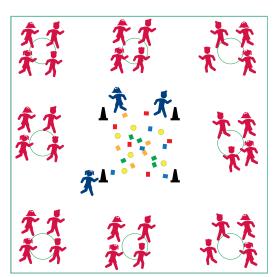
# ACTIVITY SET-UP & PROCEDURE

#### Equipment:

- A lot of Beanbags or fluff balls (2 per student)
- 6 foam balls
- 4 cones
- 8 hoops or jump ropes
- 1 scarf or flag belt per student (optional)

### Set-Up:

- 1. Create a "chicken coup" square with the 4 cones in the center of the play area. Scatter bean bags and foam balls in the chicken coup.
- Space hoops/jump ropes around perimeter as "nests," with 1 nest per team.
- **3.** Create 8 equal teams, 1 per nest. Designate 2 or 3 students as "farmers."



### **Activity Procedures:**

- 1. Let's get warmed-up with a game of Farmville! The object of the game is for farmers to protect the eggs and super-eggs in the coup from the chickens who are trying to take them back to their nests.
- 2. Farmers can pull a chicken's flag feathers to send her/him back to the nest. Once back at the nest chickens put their flag feathers back on and try again.
- **3.** The game continues until all eggs are collected by the chickens. Eggs are worth 1 point, super eggs are worth 5 points (if you want to keep score).

## **Grade Level Progression:**

 $K - 2^{nd}$ : To help chickens, make the coup square a safe, no-tag zone.

3<sup>rd</sup> – 5<sup>th</sup>: If students prove to be safe and responsible, add a toss and catch back to the nest. With this variation, use a variety of foam balls instead of bean bags.

STANDARDS & OUTCOMES ADDRESSED

- Standard 3 [E1.K-5] Actively participates/engages in physical education class... (K-5).
- Standard 4 [E6.K-5] Follows teacher directions for safe participation and proper use of equipment with minimal reminders (K)... Applies safety principles with age-appropriate physical activities (5).

DEBRIEF QUESTIONS

- **DOK 1:** How can you recognize safe behavior in the game Farmville?
- **DOK 2:** What did you notice about our game with respect to safety? Can you give examples of safe behaviors / unsafe behaviors?
- DOK 3: How is safety related to learning in physical education class?