Look at your Activity Exercise Chart. Complete Exercise #1 at this station.
Look at your Activity Exercise Chart. Complete Exercise #2 at this station.
Look at your Activity Exercise Chart. Complete Exercise #3 at this station.
Look at your Activity Exercise Chart. Complete Exercise #4 at this station.
Look at your Activity Exercise Chart. Complete Exercise #5 at this station.
Look at your Activity Exercise Chart. Complete Exercise #6 at this station.
Look at your Activity Exercise Chart. Complete Exercise #7 at this station.
Look at your Activity Exercise Chart. Complete Exercise #8 at this station.
Look at your Activity Exercise Chart. Complete Exercise #9 at this station.
Look at your Activity Exercise Chart. Complete Exercise #10 at this station.
Look at your Activity Exercise Chart. Complete Exercise #11 at this station.
Look at your Activity Exercise Chart. Complete Exercise #12 at this station.